



Care Coordination

Think about your journey in phases!

OSU Health Plan | osuhealthplan.com

Eligible faculty, staff, and spouses enrolled in an Ohio State Faculty and Staff medical plan can choose to participate in Care Coordination. Participants are now given more options than ever before to earn medication discounts and Your Plan for Health incentives.

PHASE 1: Get Educated!

- Complete your medication review with one of the OSU Health Plan pharmacists.
- Define your health and wellness goals.
- Complete four quarters of Care Coordination sessions with your nurse.
- Resolve any identified gaps in your care.

PHASE 2: Take Action on Your Biometrics!

- Participate in individual or group health coaching through the OSU Health Plan.
- Participate in a Healthy Lifestyle Program or qualifying alternative program.

PHASE 3: Maintain Your Health and Wellness!

- Choose from a sampling of Your Plan for Health activities (i.e., live programs or webinars).
- Connect with your nurse yearly and as needed to receive important program updates, assistance, and education.



Note: As you move from phase to phase, your Care Coordinator will continue to contact you if notified of a change in your condition. Care Coordination is a voluntary program and you may discontinue participation at any time.